



ALTA – Addenbrooke's Liver Transplant Association

Charity number: 1115971

Trustees Report and Accounts

Period ended 31 March 2023



Providing support and information for liver transplant patients and their families



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Officers, advisers, and contact details

Charity registration Registered in England and Wales; number 1115971

Trustees The current Trustees are:

Brian Dean
(Chair)
Gillian Kitchener *(Secretary)*
Joan Cantwell
(appointed 8 October 2022)
Susan Gray
John Kitchener
Paul Senior
Kenneth Steel
Caroline White
(appointed 8 October 2022)

and those that have resigned during the period:

Sarah Barker
(resigned 20 December 2022)
Peter Kirkpatrick
(resigned 7 July 2022)

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Website and social media www.alta.org.uk

 Addenbrooke's Liver Transplant Association (ALTA)

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Donate to help us www.justgiving.com/a-l-t-a

A personal message from the Chairman

Dear Member,



In 2019 I was elected as your Chair, to continue the work of ALTA in providing support to Liver Transplant patients and their families. During my tenure, as we know, there have been many challenges and events that we have been unable to fulfil.

I have given great thought to my position with ALTA and have decided that the time has come for me to step down as Chair and Trustee and pass the leadership to a fellow Trustee to continue the work and take ALTA forward.

I believe we have achieved a great deal during that time with the launch of the new website, the introduction of the ALTA Facebook group, which has a following of almost 300 people and a successful Celebration Day in 2022 in the pleasant surroundings of our Trustees. Our membership continues to grow steadily and is currently 313 members.

During the past year we have worked closely with the Belfast Liver Transplant Support Group and have provided support to some of the patients and families from the Royal Victoria Hospital, Belfast that have received the 'gift of life' at Addenbrooke's. I sincerely hope, moving forward, that the joint working relationship will continue and that ALTA can continue to provide support.

We are now able to return to visiting at Addenbrooke's to meet patients at the Assessment Clinic, although visiting the post-transplant ward is still very much restricted. I am pleased to report that we have received a few enquiries from members who wish to join our visiting team I extend my grateful thanks to you all for your commitment to giving your time to support fellow patients.

In closing my final message, I would like to thank all my fellow Trustees, both past and present, for their support and efforts during the past four years and hope that they can continue to raise the profile of ALTA.

Finally, but not least, I extend my grateful thanks to the Liver transplant Coordinators, Transplant Consultants and clinical staff for the support and advice they have provided, which has helped me in my role as Chair.

Keep well and stay safe.

A handwritten signature in black ink, appearing to read 'Brian Dean'.

Brian Dean
Chairman
9th May 2023



The Trustees present their annual report along with the accounts covering the nine months ended 31 March 2023. The accounts have been prepared based on the accounting policies set out in note 1 to the financial statements and comply with the charity's constitution.

Our mission

ALTA is a registered charity formed in 1991 by a group of patients and clinicians who recognised the need for support of this kind. Our objective is to provide support, financial or otherwise, for liver transplant patients and their families before, during and after transplantation.

We aim to do this by:

- visiting patients undergoing assessment and transplant to provide advice and support.
- providing additional support to that given to transplant recipients by healthcare professionals.
- providing grants to further the work of organisations helping liver transplant patients and on occasions direct financial support towards the welfare of patients and their families.
- a newsletter and website to keep members up to date.
- sponsoring liver transplant patients who participate in the annual World and British Transplant Games.
- raising the awareness of the importance of organ donation in the UK.

The ongoing impact of the Covid Pandemic continues to impinge on our ability to directly meet transplant patients, especially in an hospital environment, although we are hopeful of being able to attend the wards again from mid-2023. This lack of contact also reduces our visibility and there are less demands on the charity for direct financial support for welfare. We have continued our indirect support by telephone and web-based contacts as well as social media pieces, and regular updates and news items through our website and newsletters.

Our membership and support group

Membership is open to all liver transplant patients as well as to their families. There are no membership charges. Support and advice are always available.

Becoming a member of ALTA provides the opportunity to contribute to how we move forward in supporting patients and families who are pre- and post-transplant and making sure they are informed of the activities that are undertaken by ALTA. There is a free newsletter, via post or e-mail, covering the latest news about ALTA and other topical information.

Operational

Structure, Governance and Management

The charity is an unincorporated association, governed by a constitution adopted on 9 August 2005, as amended on 6 October 2013.

The Charity was registered on 30 August 2006.

The Charity is run by the Trustees, who are elected members of the charity. There is a minimum of three but a maximum of fourteen Trustees. One third of the Trustees retire by rotation at each General Meeting but are eligible for re-election.

Additional Trustees may be appointed by the existing Trustees, either to replace a retiring Trustee or where it is felt that the Charity would benefit from additional skillsets and expertise. Following a selection process new Trustees will be taken through an induction programme covering the



ethos, mission, governance, and financial background of the charity. They are also briefed on the role of a Trustee and Charitable law.

There are four formal Trustee meetings each year but all Trustees participate in the informal communications in the interim periods.

There is a Welfare Committee that consists of the Chair, plus at least two other Trustees and the Finance Officer if they are not a Trustee. This Committee can process smaller Welfare payments and other purchases in furtherance of the Charity's objectives without reference to the full board of Trustees

None of the Trustees received any remuneration for their services.

The charity has no direct employees.

Public Benefit

Our purpose is to provide support, financial or otherwise, for liver transplant patients and their families before, during and after transplantation as outlined in our mission.

The benefits can be identified through feedback from patients and families that we have assisted and we constantly review what does and does not work.

The trustees confirm that they have complied with the duty in section 17 of the Charities Act 2011 to have regard to the Charity Commission's general guidance on public benefit, "Charities and Public Benefit".

Covid Pandemic

The effects of the global Covid pandemic continue to impact on our ability to support. We still cannot meet patients in an hospital environment, which we feel to be one of the most important aspects of our work. We have had some patient meetings outside hospitals and have had a lot of indirect contact through phone and web-based meetings, as well as maintaining our social media presence, help groups and our website.

Celebration Day

Following on from the open afternoon in June last year we are planning a Celebration Day on 8th July 2023, the first since 2019. We are planning this along the lines of previous events with relevant speakers and information sessions as well as opportunities to meet other transplant patients and their families . Having changed the financial period end we will also hold the AGM on this day.

Financial review

Change of period end

Partly to allow the AGM to be held at the celebration day the financial period end has been moved to 31 March, and these accounts cover the nine months to 31 March 2023. Comparative figures are as previously published and cover the year to 30 June 2022.

Basis of preparation

The accounts have been prepared in accordance with FRS102 and the Statement of Recommended Practice on Accounting and Reporting by Charities (effective 1 January 2019).

Results for the period

The Statement of Financial Activities shows a surplus of £5,694 for the nine months to 31 March 2023 (year to June 2022 - £8,820, all unrestricted).

Total income in the period was £11,278 (2022 - £24,760). The majority of this, £ 11,049 (2022 - £24,015) was donations. We are extremely grateful to all of donors and fundraisers and the contributions they have made.

In previous periods we also benefited from selling Christmas cards; however we have now ceased this activity due to diminishing level of sales and returns to the charity.



Total expenditure was £5,584 (2022 - £16,240), which included £3,675 of grants and awards (2022 – £13,562) and £1,909 relating to overheads (2022 – £2,226).

Included in the grants and awards was our contribution to support the British Transplant Games in August 2022, and 9 liver transplant patients participated. A further £1,500 was to support three athletes (£500 each) with their travel and accommodation costs at the World Transplant Games in Perth, Australia in April 2023. One of these three athletes was an ALTA Trustee, Caroline White.

In 2022 we benefited significantly from contributions in memoriam of Claire Sage from which we made a £12,500 donation to the Physiotherapy unit at Addenbrookes Hospital, to provide a specialist chair to support transplant patients in the immediate days post operation, together with financial support for a trial of weekend physiotherapy support for patients. There have been some issues with chair but these are now resolved and the weekend therapy support was successfully completed and is now funded by Cambridge University Hospital (CUH)

The administration costs in the period were £1,909 (2022 - £2,226), which included £507 of upgrade costs for the website.

Closing reserves

At the period end the Charity had unrestricted net assets of £41,739 (2022 – £36,045), held primarily as cash.

This included a designated fund amounting to £8,500 (2022 - £7,500), being the balance on the designated fund set up in memoriam of Claire Sage in the year to June 2022.

There was a further £52 (2022 - £52) of restricted funds to be donated to the Perfusion Machine Fund operated by Addenbrooke's Charitable Trust.

Reserves policy

Whilst the charity held general reserves of £33,239 (2022 - £28,545) at the balance sheet date, which is significantly more than its annual expenditure the amount involved is not significant in the event of a number of larger claims for financial assistance.

The Trustees will keep this under review but are looking to maintain the reserves at a level having regard to potential future major projects that will enhance the support we can give.

Going concern

The Trustees review the charity's cash flow to ensure that it has sufficient working capital available to sustain its operations and that it can meet its day-to-day requirements from existing cash resources.

The Trustees regularly review the risks and consider the potential impact on the charity taking into account existing resources, together with anticipated future income and outgoings.

Our current projections show that the charity is expected to be able to meet its liabilities as they fall due for the foreseeable future. After careful consideration of these factors, the Trustees have concluded that the going concern basis of preparation is appropriate.

This report was approved by the Trustees and signed on their behalf on [xx] 2023

A handwritten signature in black ink, appearing to read 'Brian Dean'.

Brian Dean
Chairman
9 May 2023



Statement of Trustees responsibilities

The Trustees are responsible for preparing the Annual Report of the Trustee and the Accounts in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the Trustee to prepare accounts for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period.

In preparing these accounts, the Trustees are required to:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the Charities SORP
- make judgments and accounting estimates that are reasonable and prudent
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the accounts
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the charity and group will continue in business.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the accounts comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008 and the provisions of the Constitution. The Trustees are also responsible for safeguarding the assets of the charity and hence, for taking reasonable steps for the prevention and detection of fraud and other irregularities.



Statement of Financial Activities

	Note	Period to 31 March 2023	30 June 2022
		£	£
Incoming resources			
Income and endowments from:			
Donations	3	11,049	24,015
Other trading activities – Christmas card sales	4	-	725
Investments – bank interest		229	20
Total		11,278	24,760
Resources expended			
Expenditure on:			
Charitable activities – donations, grants, and patient support costs	5	3,675	13,562
Other trading activities - Christmas card sales	4	-	452
Support and administration costs	6	1,909	2,226
Other costs		-	-
Total		5,584	16,240
Net income/(expenditure)		5,694	£8,520
Funds brought forward		36,097	27,577
Total funds carried forward	8	£ 41,791	£ 36,097

The notes on pages 10 to 12 form part of these accounts.

All the above results are derived from continuing activities. All gains and losses recognised in the period are included above.



Balance Sheet

	Note	31 March 2023	30 June 2022
		£	£
Current Assets:			
Debtors and prepayments		414	50
Cash at bank		41,530	36,059
Total current assets		41,944	36,109
Creditors: amounts falling due within one year			
		153	12
Total assets less current liabilities		41,791	36,097
Total net assets		£ 41,791	£ 36,097
Charity funds			
Unrestricted funds	8	41,739	36,045
Restricted funds	8	52	52
Total funds		£ 41,791	£36,097

The notes on pages 10 to 12 form part of these accounts.

The accounts were approved by the Board of Trustees and signed on their behalf by:

Brian Dean
Chairman
9 May 2023



Notes to the accounts

1. General Information

The Charity is governed by a constitution adopted on 6th October 2013 and is registered with the Charity Commission of England and Wales (charity number 1115971). Membership is free and open to individuals or organisations approved by the Trustees. Members do not have any liability in the event the charity not being able to meet its commitments.

2. Accounting policies

a. Basis of preparation

These accounts have been prepared on an accruals basis, which is consistent with prior years.

These accounts have been prepared under the historical cost convention in accordance with applicable accounting standards and the Statement of Recommended Practice "Accounting by Charities"

b. Going Concern

The accounts are prepared on the going concern basis. There are no material uncertainties about the charity's ability to continue and that the going concern basis of preparation is appropriate

c. Fund accounting

Funds held by the charity are either:

- Unrestricted funds - these are funds which can be used in accordance with the charitable objects at the discretion of the trustee.
- Designated funds - unrestricted funds set aside at the discretion of the trustees for specific purposes.
- Restricted funds - these funds, which arise from grants or donations made for a specific purpose, can only be used for that particular purpose within the objects of the charity. Restrictions arise when stipulated by the donor or grantor or where funds are raised for a specified purpose. The balances of the funds represent the unspent balances.

d. taxation

The charity is not liable to direct taxation on its income. The charity is not registered for Value Added Tax (VAT) and is therefore unable to reclaim the input tax it suffers on its purchases. Expenditure in the accounts is therefore shown inclusive of VAT where appropriate.

e. Incoming resources

Voluntary income, including donations, gifts and legacies that provide core funding or are of a general nature, are recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift.

Income derived from merchandise sales and from events is recognised as earned (that is as the related goods or services are provided)

f. Resources expended

Expenditure is recognised when a liability is incurred.

Charitable activities include all expenditure relating to the objects of the charity, including financial assistance and other support for the wellbeing of the patients.



The value of services provided by Trustees and volunteers is not incorporated into these financial statements.

g. Stocks

Stocks of Christmas Cards are held at the lower of cost or an assessment of net realisable value.

3. Donations

	Period to 31 March 2023	Year to 30 June 2022
	£	£
Donations and gifts	10,480	22,535
Gift Aid	569	1,480
	11,049	24,015

4. Other trading activities

	Period to 31 March 2023	Year to 30 June 2022
	£	£
Sales of Christmas cards	-	725
less: costs, including postage and packing	-	(452)
	-	273

5. Charitable activities

	Period to 31 March 2023	Year to 30 June 2022
	£	£
Awards and grants	2,850	12,751
Welfare support	825	811
	3,675	13,562

6. Administrative expenses

	Period to 31 March 2023	Year to 30 June 2022
	£	£
Bank fees	53	96
Insurance	96	96
IT including platform subscriptions	188	80
Postage	279	798
Printing and stationery	741	598
Website development	507	-
Stock adjustment	-	451
Other	45	107
	1,909	2,226

The Trustees previously decided that in the current economic climate that the sale of Christmas cards was no longer a viable opportunity and rather than contributing to resources was a cost. The balance of



remaining stocks was written off in the year to June 2023 and any physical stock held was made available for sale or donated and used to promote the Charity amongst appropriate communities.

7. Trustee costs

There were no permanent employees during the period.

No trustee or person related or connected by business to them, have received any remuneration during the period. No trustee was reimbursed for any expenses.

Included in Awards and Grants, above, are three contributions of £500 each (2022 – £nil) to athletes participating in the World Transplant Games in Perth in April 2023. These grants are towards the total cost of travel and accommodation incurred by each athlete. This included a contribution of £500 to Caroline White, who is a Trustee.

8. Movements in funds

	Brought forward	Income	Expenditure	31 March 2023	30 June 2022
	£	£	£	£	£
Unrestricted funds:					
General fund	28,545	10,278	(5,584)	33,239	28,545
Designated funds - <i>Claire Sage Memorial fund</i>	7,500	1,000	-	8,500	7,500
Total unrestricted funds	36,045	11,278	(5,584)	41,739	36,045
Restricted funds:					
Donation towards Perfusion Machine	52	-	-	52	52
Total restricted funds:	52	-	-	52	52
Total funds:	36,097	11,278	(5,584)	41,791	36,097

In the year to June 2022 the charity received significant donations in memoriam of Claire Sage, the Trustees also designated some of the Charity's own reserves to this fund such the total was originally £20,000. A further £1,000 was received in the current period. To date, £12,500 has been spent on supporting the work of the Physiotherapy Unit at Addenbrookes Hospital. The balance will be applied against similar future programmes supporting liver transplant patients.